

FAMILY-BASED TREATMENT FOR ADOLESCENTS WITH ANOREXIA NERVOSA

Presented by CEED Clinicians: Michelle Roberton & Jessica Ryan

THURSDAY 28 & FRIDAY 29 MARCH 2019

9.00AM – 4.30PM



THE VICTORIAN
CENTRE OF
EXCELLENCE IN
EATING
DISORDERS

Family-Based Treatment (FBT) is recognised as the first line, evidence-based, early intervention model of care for adolescents with anorexia nervosa (AN). FBT for AN has been developed and researched worldwide since the 1990s. CEED has developed and delivered FBT training over several years to provide workforce development in this model to suit Victorian Service conditions. In the last ten years CEED has trained to over 1000 clinicians and provided service development and consultation support to implement the FBT model of care in many Victorian CAMH / CYMH Services.

OBJECTIVES / TARGET AUDIENCE

The workshop aims to have participants gain:

- a background understanding of the historical influences on the development of FBT
- a thorough understanding of FBT practice assumptions and treatment phases
- experience and practice in the therapeutic skills & interventions used in FBT
- capacity to set up and conduct FBT with a young person and their family
- capacity to address clinical dilemmas that arise during FBT
- understanding of how to implement FBT as an integrated care model across local CAMHS and Paediatric Services

The training will involve didactic, interactive and experiential practise opportunities. Prior knowledge of understanding and assessing eating disorders is assumed.

Target Audience: Health Professionals working with adolescents with anorexia nervosa.
Registrations from Victorian public mental health services clinicians will be prioritised.

TRAINING PREREQUISITE

Prior completion of Modules 1, 2 & 3 of the Eating Disorders Online Learning Program:

<http://ceed.org.au/health-professionals-services/professional-development/eating-disorders-online-learning-program> (registration and payment for online learning is a separate process)

Eating Disorders Online Learning Program registration: <http://www.trybooking.com/OKHL> (Cost: \$95.00)

Please note: access to the Online Program takes up to 10 days to process after registration.

VENUE & BOOKING

Venue: Albury Wodonga Regional Cancer Centre, 201 Borella Road, Albury, NSW

Cost: Clinicians employed in Victorian public mental health services: \$185.00
Other health professionals: \$460.00

Morning tea, lunch and afternoon tea will be provided

Registrations: <https://www.trybooking.com/BAANT>. Registrations close 21 March 2019.